



Super Green Hydrating Juice

Ingredients:

2 cups celery

1-1/2 cups cucumber

1/2 bunch cilantro/2 cups leaves and stems

1 large Granny Smith apple cored

1.5cm ginger root

1 pear cored

2 ribs Romaine

Lime juice to taste

Directions:

Wash, dry and cut up ingredients to fit chute and juice in order given.



JUICERS SOUTH AFRICA

060 960 5141

www.omegajuicers.co.za

recipe sourced from Omega Juicers USA